

International Symphysis-Fundal Height Standards



Symphysis-Fundal Height (cm)

INTERGROWTH-21st



Gestational age (exact weeks)	Centiles						
	3 rd	5 th	10 th	50 th	90 th	95 st	97 th
16	13.2	13.5	14.0	15.8	17.6	18.1	18.5
17	14.1	14.4	14.9	16.8	18.6	19.1	19.5
18	15.0	15.4	15.9	17.8	19.6	20.2	20.5
19	16.0	16.3	16.9	18.8	20.7	21.2	21.5
20	16.9	17.3	17.8	19.8	21.7	22.2	22.6
21	17.9	18.2	18.8	20.8	22.7	23.3	23.6
22	18.8	19.2	19.8	21.8	23.8	24.3	24.7
23	19.8	20.1	20.7	22.8	24.8	25.4	25.7
24	20.7	21.1	21.7	23.8	25.8	26.4	26.8
25	21.7	22.1	22.7	24.7	26.8	27.4	27.8
26	22.6	23.0	23.6	25.7	27.9	28.5	28.9
27	23.5	23.9	24.6	26.7	28.9	29.5	29.9
28	24.5	24.9	25.5	27.7	29.9	30.5	30.9
29	25.4	25.8	26.4	28.6	30.9	31.5	31.9
30	26.3	26.7	27.3	29.6	31.8	32.5	32.9
31	27.1	27.6	28.2	30.5	32.8	33.5	33.9
32	28.0	28.4	29.1	31.4	33.8	34.4	34.8
33	28.9	29.3	30.0	32.3	34.7	35.4	35.8
34	29.7	30.1	30.8	33.2	35.6	36.3	36.7
35	30.5	30.9	31.6	34.0	36.5	37.2	37.6
36	31.3	31.7	32.4	34.9	37.3	38.0	38.5
37	32.0	32.5	33.2	35.7	38.2	38.9	39.3
38	32.8	33.2	33.9	36.5	39.0	39.7	40.2
39	33.5	33.9	34.7	37.2	39.8	40.5	41.0
40	34.1	34.6	35.4	38.0	40.5	41.3	41.8
41	34.8	35.3	36.0	38.7	41.3	42.0	42.5
42	35.4	35.9	36.7	39.3	42.0	42.7	43.2